

BRIDAL BEAUTY

Prep Guide & Timeline



A comprehensive guide to help you and your bridal party prepare for your wedding day and other considerations about what to expect.

Renegade
BEAUTY CO.

PROFESSIONAL MAKEUP & BROW ARTISTRY

Timeline & Checklist

**Your wedding day is one of the most important days of your life.
With so many details to plan and things to do; it's easy to get overwhelmed and
easy to neglect self-care in the process.**

**To help ease some of that stress, here is a Beauty Guide for you to follow in
preparation for the big day.**

9-12 Months

- Book all your vendors, including Makeup & Hair
- Set healthy habits
- Wedding day workout
- Eat a colorful diet
- Stay Hydrated
- Get your beauty sleep

6 Months

- Set your skincare routine, see a professional for specific concerns if needed.
- Consider your dress neckline & tan lines. When in the sun, wear sunscreen and reapply often. Wear clothing that will match your dress neck line as much as possible to avoid visible tan lines.
- Begin brow grooming
- Discuss your hair cut & color with your stylist

3 Months

- Continue your skincare routine, work outs, healthy sleep habits and stay hydrated!
- Exfoliate your skin 2 - 3 x per week
- Book your beauty trials
- Start teeth whitening treatments
- Begin monthly facials

1 Month

- Finalize Bridal party Makeup & Hair
- Book your final Beauty appointments, including hair cut & color
- Book your Bridal party beauty appointments

2 Weeks

- Your final Hair cut & color appointment
- Cut out inflammatory foods

5 - 7 days before

- Drink plenty of water daily
- Avoid too much caffeine, alcohol & salty foods
- Delegate task where you can
- Final appointments & spa day - Brows, Wax, Body scrub, Mani/ Pedi & Massage

Day Before

- Set relaxation & self-care times
- Exfoliate
- Delegate tasks to your Bridal Party
- Drink lots of water
- Get your beauty sleep!

Other Considerations

**THERE IS NOTHING QUITE LIKE THE BUZZ OF YOUR WEDDING DAY MORNING.
IT'S A DAY FULL OF EMOTION, NERVES, EXCITEMENT AND SO MUCH LOVE.
THE DAYS LEADING UP TO YOUR WEDDING CAN BE INCREDIBLY HECTIC AND JAM PACKED FULL OF LAST
MINUTE DETAILS. HERE ARE SOME ADDITIONAL THINGS TO CONSIDER FOR THE MORNING OF YOUR
WEDDING TO KEEP EVERYONE ON TRACK AND MAKE YOUR DAY MEMORABLE,
FUN, STRESS FREE AND RELAXING.**

- Keep everyone in your Bridal party, including parents who may be helping out in the communication loop. Communication about your schedule for the day, delegating tasks, reminders for appointments are all so important to keep track of.
- Keep your vendors in the communication loop too. Often times vendors are left out of important communications and miss out on details that are crucial for your big day. Deliveries of flowers, when is the photographer arriving, what time is your hair and makeup getting started?
- Consider paying final balances before the big day whenever possible. The morning of can be very busy and payments can be missed and forgotten. It is only added stress for you and your vendors trying to track down final payment when there is so much happening.
- Bridal Party Gifts...While it is a wonderful addition to your wedding day morning, to have your Wedding Party open their gifts all together, it cuts into much needed prep time for your Hair stylists and makeup Artists. Consider having everyone open their gifts the evening before. This way everyone can arrive ready in their matching robes, jewelry on and all set for the day.
- Delegate breakfast and lunch. Have a plan, order ahead or have someone do the prep work the night before. With all the added nerves, keep meals light, fresh and simple. Fresh fruit and veggie trays, juice, water, small sandwiches, are all great additions and easy for your guests to pick away at during the day.
- Personal Grooming - remind your party to book their personal grooming appointments before the big day. Get nails done a few days before, brows groomed, legs shaved or waxed, hair colored, etc. These details are things that are all too often forgotten by some bridesmaids until the morning of.
- Last minute details such as picking up suits (make sure all the pieces are there), having the right bra for your dress, breaking in shoes BEFORE the wedding day, having a small bag for all the little things you'll need throughout the day, pack a small emergency kit with Tylenol, deodorant , etc.
- There is definitely nothing wrong with enjoying some champagne or a morning mimosa, but avoid too much alcohol the night before and the morning of. Not only will it cause bloating and make you feel ill, it also dries out your skin that you've worked so hard to maintain before the big day and can affect the longevity of the makeup. This goes for the guys too. Trying to keep everyone on track while a little tipsy can be an extra challenge you don't need.
- Lastly, this is YOUR big day. Don't let anyone take that away from you.